

Welcome

To

The Flame Tree Estate & Hotel

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Bienvenidos सआगत है Velkommen 'ahlan bik

Angelo Perera, General Manager

THIS LITTLE FOLDER WILL TELL YOU MORE ABOUT OUR

Places, Spaces & Art
Useful Practicalities
Who's Who
Menus & Dining
Pampering, Playing & Exploring

PRACTICAL

Bills, Taxes & Tips

Bills can be reviewed and paid in the main Hotel Office. Bills include the mandatory taxes levied by the government (1% Tourist Development Tax, and 10% Service Charge). Unlike most western hospitality levies, in Sri Lanka the 10% service charge is a legal requirement, although its distribution and timing is often anachronist.

At our Hotel, we give all staff members, regardless of seniority, the same % share of the monthly service charge, and it is paid within a week of the month's end. Any tips given are added to the Service Charge Fund and distributed evenly. By agreement, 1% of the Service Charge is retained in a Staff Welfare Fund set up to help our staff and their close family members deal with unforeseen problems.

Electricity & Gas

Ceylon Electricity Ltd.'s many supply breaks offer unrivalled opportunities to practice patience. Occasionally, monkeys add to the fun by chewing through wires, kamikaze style. The Hotel takes its electricity from a specially built substation run off the national grid to provide for greater supply security but when the power is cut, the hotel's diesel-run generator kicks in.

Bottled gas, bought in from abroad, is (after wood) Sri Lanka's go-to cooking fuel: more reliable and cheaper than electricity.

Loos

A Powder Room lies off the main hotel courtyard and a bathroom/changing room in the Horseshoe Veranda / swimming pool.

Night Noises

Strange noises heard in the dark are usually *Porcupine*, *Wild Boar*, *Civets*, *Frogs* in radiant song & *Owls*. Wiji, our Nightwatchman, is available all through the night in the main hotel block to manage the unexpected.

Prayers

The village Iman's song sounds 5 times/ day: the current Iman has a rather good voice. On Poya nights

the sounds of monks singing Buddhist prayers drifts through the jungle.

Problems & Solutions

If anything, however, minor, in your room or elsewhere does not work or causes you problems please let our team know so we can put things right quickly.

Room Cleaning & Laundry

Rooms are cleaned, and beds made daily: linen and towels are changed every 2nd day of your stay. If you would like them changed sooner, or do not wish for housekeeping to come, please inform the Hotel Office.

Shopping Essentials

Essential items such as toiletries, medicine, cigarettes etc can all be obtained in our local village, Galagedera. Priyanka, our tuk-tuk driver can take you or simply fetch things; and can be booked via the Hotel Office.

Useful Telephone Numbers

The Hotel Office: + 94 81246 1265
The General Manager: + 94 77 189 8586
The Finance Manager: +94 76 544 7260
The Assistant Manager +94 75 176 5686
Butler Service +94 74 131 5695

Water

Feast or famine is the mantra of the water board, who are struggling to keep up with King Parakramabahu 1153 declaration: "*in a country like this, not one drop of rain water should be allowed to flow into the ocean without profiting man.*" The Hotel's water comes from a 350 foot deep well bored through rock in the lowest part of the estate, with the water then pumped into retaining tanks at the estate's highest point, though during the dry season even this fecund source needs topping up.

Drinking water comes as bottled mineral water: to cut down on the use of plastic we use large bottles transferred into jugs for serving; but small plastic bottles of water are also available.

Wi-Fi & Telecom

Wi-Fi is the country's go-to subject, and like a migratory bird, its sightings provoke much excitement. Unlimited unmetered Wi-Fi, a fixed feature of the West, remains here commercial Nirvana. With its loving network of routers and underground cables, the Hotel Wi-Fi and Telecom comes courtesy of Sri Lanka Telecom and is surprisingly regular and stable.

The Wi-Fi Password is *flame2021*

WHERE'S WHERE

Acreage

The Hotel sits in over 25 acres of hilly land, dipping down to paddy field and up to hills of 1,000 ft. Now about 15% of its original size, the Estate was partitioned first by the 1960s land reform acts; and then by division for inheritance. *Coffee, Cocoa, Timber,* and *Coconuts* formed the commercial heart of the old estate, and this legacy goes on today.

Amphitheatre

Perfect for private performances of song and dance, the Amphitheatre is planted with terraces of *Tea, Lemon Grass,* and *Bougainvillea.*

Corkscrew Orchard

Soon home to the estate goats, Imelda, and Ponzi and their many Ptolemaic offspring, and planted with *Mango, Rambutan, Star Fruit, Coconut, Tamarind, Guava,* and other fruit trees. A pond and 2 old wells collect water naturally from the surrounding area.

Ella Valley

Stretching above the pool and into the jungle this plantation of ancient *Coconut* palms is being replanted with true *Cinnamon* and more *Coconuts*. In monsoon times, the Ella, or stream, becomes a rushing waterfall.

Frangipani Valley

A large wild area at the entrance of the estate, gradually being planted with true *Cinnamon.*

Inken's Coffee Coconut Hill

A hill behind the pool planted with now-wild *Coffee* bushes and gradually being replanted with true *Cinnamon* and tenderly raised baby coconuts of the original and now almost extinct variety that populate the estate.

Kandy Road Plantation

A wild hill on the edge of the estate beside the Kandy Road, much favoured by wild boar.

Kitchen Garden

Laid out behind *The Treehouse* are the kitchen gardens where herbs and vegetables are grown for our kitchens. Scattered among the beds are shade nurseries of *Orchids* and *Anthuriums* for the hotel, and propagation nurseries.

Hotel Gardens

Shaded by *Frangipani Trees,* yellow & pink *Acacia, Flame Trees, Cloves,* and *Lipstick Palms* croquet lawns and hedges stretch before the hotel buildings. The *Orchid Walk* leads off this, a shortcut to the *Lower Estate Road.* Huge retaining wall stones line it, planted with *Tamarind* and *Mahogany.* The path encircles a well, which collects hotel rainwater favoured by monsoon frogs. Above the hotel rises a large retaining wall planted *Poinsettia, Cycad, Jak, Cook* and *Norfolk Island Pines,* and *Jacaranda.*

Mudunahena Walawwa

The main hotel block, built in the 1930s by the Mayor of Kandy. It replaced an original family house that stood on higher ground in the area of the estate feted for bringing an invading Dutch army to a standstill by a downpour of rocks. When the water supply ran out, a new Walawwa was constructed on the Hotel's present site. The original stone foundations of the earlier structure can still be seen. Photographs of the 1930s Walawwa can be seen in the Hotel Office or Library dating from 2007 before the renovations began.

Nurseries & Greenhouse

A collection of Netted Structures where orchids, anthuriums, young trees, and herbs are grown; and a Greenhouse planted for the hotel kitchens.

Old Rubber Plantation

A hill stretching between the main hotel area and the front gate, planted with old *Rubber* trees.

Otto's Terraces

Several acres of almost-feral *Teak* trees provide their papery shade to part of the estate far

beneath the swimming pool. They are enclosed by an arc of several acres of adolescent rubber trees.

The Pineapple House

Built in 2018 in recherché art deco style to enlarge the hotel accommodation, replacing a set of outbuildings that collapsed in the monsoons.

Pepper Valley

Vines of *Pepper* planted up *Glericidia* poles line the main estate road from its entrance to its end.

Pineapple House Gardens

Individual gardens outside the bedrooms of The Pineapple House are planted with ornamental *Ginger*, *Heliconia*, *Frangipani* and other scented trees, and flowering shrubs. They stretch out onto a hill planted with *Lemons*, *Kumquat*, *Grapefruit*, *Oranges* and *Lemongrass*.

Roads

Three roads dissect the estate.

The main Estate Road is lined with *Flame Tree* and *Erica Palms* and kept a little overgrown to help us remain a secret.

The Road turns into the *Lower Estate Road* winding its way past the Spice & Kitchen Gardens and Spice Kitchen to head off beneath the pool and into the Jungle.

Somewhere along its way it meets up with the *Upper Estate Road*, a grass road that links back to the Estate's white entrance gates to provide a full 30 minute circular walk. At this juncture, also starts the *Jungle Walk*, a small path that takes the walker through the jungle and down the hill past small hamlets that abut the estate.

Singing Civet Hill

Rising above the hotel, and planted with ornamental flowers, ancient *Cycads*, *Sapu*, *Clove* and *Cinnamon*.

Spice Gardens

Spice is widely planted across the estate, with several acres of *Pepper* vines, rows of *Cinnamon*, *Clove* trees and a range of other plants including *Vanilla*, *Turmeric*, *Pandan* and *Ginger*. The most accessible planting can be visited in the area behind *The Treehouse*. Nutmeg, though undeniably delicious, does not grow here owing

to the instant paralysing effect it has on dogs who are tempted to chew the seeds, with fatal results.

Spice Kitchen

Built during the Covid Lockdown by Estate Staff in the traditional way with mud and bamboo walls, dung and cement floors, tin roofs. It serves as a dining area for the staff to relax in, and part of it is used by the Estate Rubber Collectors to process the estate rubber sap using rubber processing rollers manufactured by Walkers of Wolverhampton in 1942.

The Treehouse

Built in the 1930s as garages and storage rooms for the main Walawwa. Photographs of the structure can be seen in the Hotel Office dating from 2007 before the renovations began.

Wild Zones

Scattered across the estate are many wild areas, some awaiting taming, others allowed to deepen into entrenched wildlife-friendly jungle.

EXPLORE FURTHER

Transport.

Cars, Tuk Tuks, Vans & Taxis can be booked via the Hotel Office: we only keep a few very trusted drivers on our register so book ahead if you know your plans.

Prices can be found on our website

www.flametreeestate.com

Tours

Tours can also be organised exactly as you would like them. Here are a few popular choices (more details can be seen at www.flametreeestate.com/adventures)

Birdwatching

Sri Lanka is a twitcher's paradise and a half or full day birdwatching with a local ornithologist can be crafted

to suit you at *Kandy's Udawtta Kele Forest Reserve* and / or out in the wider jungle and countryside.

Elephant Orphanage

All things Elly.

Elephant Safari

88 sq. kms of wild elephants at *Minneriya Park*.

Galagedera

Take in the daily life of highland town's high street.

Gardens & A Cup of Tea

A visit to the *Hanthana Tea Estate*, surrounded by acres of tea bushes, and housing *The Ceylon Tea Museum*. The tour returns you back to the hotel via *Peradeniya Royal Botanical Gardens* laid out by Alexander Moon in 1821 - one of Asia's finest gardens.

Kandy Highlights

Packing in the best, this trip includes the sacred *Temple of the Tooth*, the adjoining *Royal Palace*, *Peradeniya Royal Botanical Gardens*, & Kandy's shops, including *Waruna's* fabulous antique shop.

Little England

With its racecourse, cool temperate climate, ocean of tea plantations, market gardens, trout streams, botanical gardens, and faux Tudor buildings, *Nuwara Eliya*, bastion of Little England, is the perfect place to live like P.G. Woodhouse, fuelled by endless cups of orange pekoe tea.

Sacred Caves, A Regicidal Palace Fortress & A Mystery

A day trip to the world heritage sites of *Dambulla* and *Sigiriya*. A short and rarely taken detour can also take you to the *Ibbankatuwa Megalithic Tombs*, whose tombs harbour a unsolved mystery.

Sacred Steps

The tour includes a visit to the island's most celebrated temple, *The Temple of the Tooth* in Kandy – but also takes you on a medieval pilgrimage to 3 little visited iconic ancient temples: *Lankatilaka Vihara*, *Gadaladenyia Vihara* and *Embekka Devalaya* – all dating back to the 14th century, combining extraordinary architecture with an abiding atmosphere of Buddhist calm.

Shop Till You Drop

Hand-made crafts to antiques, clothes to handloom, lifestyle, consumables, souvenirs, jewels – and tiaras: a day's shopping in and around Kandy.

Take Two Cities & a Living Pharmacy

A tour that takes in the Ordinary Beautiful, a City of Ghosts, and a living medicinal garden.

The Bible of Sri Lankan Buddhism

Aluvihare Rock Temple - where the spoken word of Sri Lankan Buddhism was first written down.

The Big Smoke - Colombo

A day's outing to Colombo - the best in food, shopping, art, and history that the city has to offer. Here are our Top Tips:

Eat at *The Gallery Café*, 2 Alfred House Rd.; *The Restos at Park Street Mews.*; *Sunday Brunch at The Hilton.*; *YUMI*, the *Taj Japanese restaurant*.

Shop at *Saskia Fernando Gallery*, 41 Horton Pl.; *Gallery Fourlife*, 26 Boteju Rd.; *Hermitage*, 28 Gower St.; *Barefoot*, 704 Galle Main Rd; *Selyn*, 102 Fife Rd.; *Fashion Fabrics*, 538 Galle Rd.; *Battaramulla Flower Market* - weekends.; *Schokman & Samerawickreme Auctions*, 63, Isipathana Mawatha.

Watch the Sea & Drink at *Galle Face Hotel*, 2 Galle Rd.

Walk Around Fort; *Pettah*; *Borella Cemetery*; *Galle Face Green*, evenings.

Stay at *Colombo Courtyard Hotel*, Alfred House Avenue. *Tintagel*, 65 Rosemead Place.

Kingdom of the Buddha

Polonnaruwa, majestic capital of the island's last independent unitary Kingdom is a swansong written in stone. For 142 years it acted as a final rallying cry for the island-kingdom before it descended into a series of wandering capitals. Its monumental structures, crafted with an unrivalled delicacy is the last great achievement of the old Anuradhapuran Kingdom.

3 Weddings, 203 Funerals

An outing in Kandy focused on all things Christian.

Trekking in The Knuckles

A day's trekking in one of the country's finest nature reserves.

WHO'S WHO

Butlers

- Herath (Doc, as we call him) is not only our Head Butler but also an expert in alternative treatments and the medicinal values of plants and herbs. Herath's family home, shaded by a splendid ancient mango tree, is in Matale.
- Lahiru has perfected his affable and highly professional skills in a wide range of hotels before joining us as the newest member of our team.
- Nandana together with being butler, also provides many fixes for electrical problems as he is also an electrician. He lives a few kilometres from the Hotel with his wife and children.

Birds

- Sri Lanka has recorded almost 500 bird species. Over 200 of them breed here, 33 endemic. The Hotel is a marvellous place to bird watch, especially at the start and end of the day. We have seen *Buzzards, Kites, Ospreys, Shikras, Harriers, Eagles, Falcons, Quail, Peacocks, Pigeons, Doves, Paraquets, Malkohas, Koels, Owls, Crows, Hornbills, Kingfishers, Bee-Eaters, Barbets, Swifts, Woodpeckers, Flame-Backs, Skylarks, Wagtails, Pipits, Swallows, Woodshrike, Bulbuls, Oriels, Robins, Pittas, Babblers, Warblers, Flycatchers, Fantails, Tits, Nuthatches, Sunbirds, Flowerpeckers, Drongos, and Mynas* across the plantations.

Chefs

- Chathuranga our Head Chef is widely experienced in all areas from fusion to Western, Asian to bakery, twinning his passion for food with a deep understanding of the island's food culture.

He has worked in some of the country's finest hotels including the Cinnamon Grand and the Heritage Kandalama – and led part of the widely respected Perera & Sons cafes, pastry-bakers to the nation.

- Kasun From boy to man, Kasun has worked with us - crop attendant, houseboy and then, retraining, as a chef. As well as preparing beautiful dishes with dazzling speed, he also knows pretty much how everything works in the hotel and helps ensure most challenges are managed into submission.
- Sudesh has worked in a range of fine hotels in Sri Lanka before coming to us. It is a bit invidious to highlight one specially area, given his all-round excellence, but his pastries and breads are seriously more-ish. He commutes (with very carefully curated music playing in his car) from his home in Kandy, where he lives with his wife and son.
- Akash has just joined as our new Trainee Chef from St Anthony's College; ovens full of bread, cakes and pastries are his go-to happy places.

Gardeners

- Ananda heads the Gardening team; he is also an expert mason - and a dab hand at flower arranging, responsible for all the plants in the Hotel.
- Gunepala has worked on the estate for over 12 years and lives with in one of the hamlets that border it with his family and *Billy the Kid*, the lively if not notorious male goat responsible for our Goat Harem - whose care is one of Gunapala's chief responsibilities.
- Janaka is the backbone of the gardening team, keeping lawns swept, path weeded, and the plants in the kitchen garden and spice garden rotating – just like the organic compost bins he oversees.

Harem

- Situated in the Corkscrew Orchard beneath the Hotel's Parking Area is the Goat Harem, where our all-female goats live their decorative and Glericidia-munching lives. Male goats were once part of the family, but the reproductive excesses of *Billy the Kid* proved too much, and now the only males allowed in the pen are non-Goats.

Housekeepers

- Chinthā has worked on the estate for over a decade, first tending crops, now tending rooms. If you are feeling blue, her giggles and smiles will transform your day; and should you take the longer Jungle Walk from the Hotel, you will pass right by her home.
- Nadæka is Chintā's partner in perfection, moving, like her, from estate work to housekeeping – but equally adept at raising baby goats, vegetables and all other manor of things that have a habit of suddenly become urgent.
- Shyamalæ juggles a life as wife (to Manju) and mother with brilliant housekeeping & cooking staff meals in the Spice Kitchen, which doubles up as an after-school centre for her young sons.

Insects

- 11,144 species of insects inhabit the island, through only a fraction has been counted here, which is refreshing free of the most irritating ones: mosquitos and flies. *Mayflies* live their *blink-and-you-miss-it* lives for a few monsoon days; microscopically small bees, butterflies and moths abound. Four species of *Asian Jumping Spiders* have been discovered, but sadly not hopping around here.

Lichen

- Barometers of just how good air quality is, the tender hearted lichen that spread in glorious greys and oranges across trees are a big feature in Sri Lanka with nearly 1000 species recorded. Happiest of all, they flourish on our trees.

Mammals

- Few countries of comparable size offer so diverse a range of mammals as Sri Lanka. Its wildernesses support 126 species, 19 endemic. The estate's last working elephant died here in the early 1970s, having earlier stood (with terminal consequences) on his ill-tempered mahout. The *Ceylon Ash*, under which the estate elephants were kept, still stands in the Spice Gardens. Five waring families of *Toque Macaque Monkeys* live here, their bite being much worse than their bark. Giant Squirrel abound, along with *Lesser Squirrels*, *Bandicoots*, *Gerbils*, *Mice*, *Hares*, *Shrews*, *Bats*, *Fishing Cats*, *Civet*, *Wild Boar*, *Mongoose*, *Muntjac*, and *Deer*. *Porcupines* can be heard munching through newly planted shrubs at night.

Managers

- Angelo Perera The Hotel's all-rounder General Manager is that of rarest professionals, for he had to help build the hotel before he could then run it. Experienced, unflappable, wise, and funny, there is little – if anything – that defeats his problem-solving capabilities. Celebrities, politicians, royalty: Angelo has mixed with them all in his professional life, just as perfectly as he mixes cocktails.
- Sajith Jayathilake Our Finance Manager keeps the office and hotel finances running smoothly, a herculean task given the despondent lethargy of the banking sector. He lives in Kandy, from where he commutes to the hotel on a speedy scooter
- Manju Shantha The Hotel's Mr Fix-It is a master of all trades. Few problems eludes him. For many years our main tuk-tuk driver, he is now at the heart of the hotel ensuring that its many unseen essentials, from electrically to gas, plumbing to painting, housekeeping to laundry, work efficiently. He lives with his wife and family just a few kilometres away and when things get especially busy helps the butler team too.
- Thushara De Mel Our Assistant Manager, deputies for Angelo in all areas and brings a careful eye to bear on all the things that make the hotel the lovely place it is – skills he honed over many years, in Sri Lanka and the Middle East. He commutes to work from nearly Katugastota.

Nightwatchman

- Wiji has worked on the estate for over a decade, first as a crop worker; and now as our mindful, ever-helpful Nightwatchman; a role a combines with putting the hotel to bed when are sleeping; and waking it up, long before anyone else is awake. In between time, he helps with all manner of things, from dish watching to grass cutting.

Reptiles

- Of Sri Lanka's 208 species of reptiles, 116 are endemic. Amongst them are *Crocodiles*, *Lizards* and *Monitors* and *Turtles*, the increasingly rare *Star Tortoise*; and, of course, as in any tropical country, snakes (only 5 of which are venomous, requiring a trip to the hospital and a dose of anti-venom). Lemon grass and Mother-in-law's Tongue, plants much disliked by snakes, are planted all across the built areas of the estate to deter them. Stylish little *Skinks* and colour changing *Chameleons* can be found everywhere, along with the odd *Monitor Lizard*, and melancholy clucking *Geckos*, whose great service is to vigorously munch their way through all manner of insect pests.

Ten Special Trees

- Ceylon Ironwood ("Palu"). A dense slow growing hardwood occasionally used by very patient carpenters for cabinet making; and grown widely across southern Asia.
- Ebony. Black, hard, snail-slow, fussy, and so rare and expensive it is sold in kilograms, *Ebony* resembles a difficult, distant, dazzling relative crashing the family Christmas. Once widespread, it is now so rare that its felling is illegal unless under special permit. Several medium ebony trees grow on the estate and some much pampered baby ones.
- Jak trees have the sort of protection that Presidents usually enjoy, with permits aplenty required should you wish to chop one down. Its wood makes excellent furniture. Jak is one of the few trees that can be cropped almost like a yew. They abound across the estate, huge green fruits growing out of the stem and thicker branches. A superfood in its own right, it is as loved by our monkeys as by our chefs, its naturally sweet, subtle pineapple- or banana-like - flavouring used to make a variety of dishes, including custards, cakes, crisps, and curries. It also makes a perfect meat alternative with a taste like pulled pork.
- Mahogany. One of the great hardwoods of the world, and prized for its beauty, durability, and colour. Introduced to Sri Lanka from South America, there are many specimens growing wild across the estate.
- Mango. Mango pushes aside all other fruits to take the gold. Unmissable dark green leaves betray the many specimens growing across the estate. There are several hundred mango cultivars, the best tasting being the *Alphonse* and *Jaffna's Karthakolomban*. Put them to the test against some of the most widely available varieties here:
 - *Ampalavi* – a large mid-level fruit.
 - *Betti Amba* –found in Matara.
 - *Banganapalli* – large, yellow and a good all-rounder
 - *Dampara* – commonly found from Colombo.
 - *Kohu Amba* – the wild mango, fibrous but a great taste.
 - *Malwana* –found near Gampaha.
 - *Neelam* – an especially heady scent.
 - *Pol Amba* –found in Kurunegala, and Kuliypitiya.
 - *Sour Mango* - good for pickles.
 - *Willard* – small, bright red and yellow; wickedly sweet.
- Mara. Commonly found along roads to provide the sort of shade extreme introverts favour, *Mara*

is called the "*rain tree*" for the way its leaves fold during rainy days, allowing rain to fall through the tree. Whilst not widely used in carpentry, it makes enough appearances to keep its hat in the ring.

- Nandu. With a hard yellowish brown wood, and satiny lustre the nandu was much used for fine cabinetwork - but it is now very rare.
- Sapu. White-stemmed *Sapu*, sometimes known as the *Joy Perfume Tree* for its fragrant flowers, can be found growing across the estate; its textured, dark olive-coloured timber prized for cabinetry.
- Satinwood. A small and now very rare tree, *Ceylon Satinwood's* decorative timber made it perfect for furniture, panelling, cabinet work, flooring, carvings, toys, musical instruments, and luxury goods.
- Teak. Fast growing, able to reach heights of 50 metres and with huge papery leaves, teak is widely used in furniture making. There are many specimens across the estate, include a feral 3 acre-plantation far beneath the pool.

The Three Directors

- Bianca was born a stone's throw from Oxford's Garsington Opera and has kept in fine operatic voice ever since. She is the Mother of the hotel's Schnauzer family; and fond of tummy tickling.
- Archibald arrived in Sri Lanka from Gloucestershire on the airport luggage turntable. He juggles his role as Bianca's husband with perimeter patrols of the hotel to ensure no intrusion by monkeys, wild boar, or mongoose.
- Coco is the daughter of Bianca and Archibald; a true Sri Lankan schnauzer having been born here. She is much given to ear massage. All the toys scattered around the place belong to her. Her brothers, Sky & Jupi live in style in Colombo. Like her parents, she runs, jumps, barks – but never bites.

The Junior Directors

- The junior directors are Mikael and David, who bought the estate back in 2007 whilst on holiday; and, in Colombo, the banker Ranjani Goonetilleke.

VISUALS

Arrivals Porch

- Chettinad Palace Door, Tamil Nadu 1890s.

The Amorous Porcupine Heritage Bedroom

- Named for the Estate's *Porcupine*.
- *Sun & Moon*: Batik Paintings, Ena de Silva, Sri Lanka, 2007.
- *Curious Aquatic Creatures*, Engravings, France, 18th C.
- Japanese Woodcut, 1950.
- Minimalist Scandinavian Woodcuts, 1980.
- *Gold Ibis* Sculptures, Cairo, 1990.
- Edwardian Mirror, Sri Lanka 1900.
- Japanese Gold Lacquer Plates, 1940.
- Sunburst Mirror, France 1960.
- Silver Carved Pineapple Lights, London 2012.

Back & Horseshoe Verandas

- *Sunrise*: Ena de Silva Batik, Sri Lanka 2007.
- Chettinad Palace Door Frame, Tamil Nadu 1890.
- Auroville Leaf Paintings, India 1980.
- Mahogany Easy Chairs, Sri Lanka 1990.
- Glass Tables, Geneva 1950.
- Granitite & Estate Mahongy Tables & Chairs, Sri Lanka 2016.
- Teak Sunlounges, Sri Lanka 2018.
- Rajasthani Mirror, India 1980.

The Cordial Crocodile Suite

- Named for the country's two crocodile species: the *Marsh* and *Saltwater Crocodiles*.
- *Fishermen*, Lithograph, Zollofi, Denmark 19/135.
- Woodcuts of Fantastic Trees, Delhi, 1990.
- *Sketches by Conrad Romy*, on paper and on the backs of travellers cheques, Cairo, 1990s.
- *Lucknow*, Lithograph, India, post 1857
- *Pole Vault*, Statue, Calcutta Fine Arts Society, 1989.
- Traditional Java puppets, 1982.
- Table in China Teak, Hong Kong, 1970.
- Gold Painted Replicas of 1920s French Heliconia Lights, Sri Lanka 2015.
- Ebony & Burth Almirah, Sri Lanka 1890.

- Mahogany & Jakwood Sofa, Sri Lanka 1960.
- Estate Mahogany Root Table, Sri Lanka 2018.
- Black Teak Easy Chairs, Sri Lanka 1990.
- Desk, Denmark 1890.
- Teak Desk Chair, Sri Lanka 1940.
- 4-Poster Jak Double Bed, Sri Lanka, 1950.
- Teak Bedside Tables made from Estate wood, Sri Lanka 2017.
- Mahogany & Mara Planters Chairs, Sri Lanka 1970.
- Silver Boat Bowl, Dubai, 1990.

The Curious Chameleon Treetops Suite

- Named for the estate's *Chameleons*.
- Mahogany Floors, Walls, Ceiling & Window.
- *Tribal Tapestry*, North Vietnam 1960.
- *Gaudi Chamaeleon* Sculpture, Spain 2022.
- *Carved Panels from the Agaria* of Madhya Pradesh, India 1950.
- Jak Double 4-Poster Bed, Sri Lanka 1970.
- Mahogany Bedside Tables, Shanghai 1970.
- Teak Dressing Table, Sri Lanka 1910.
- Teak Art Deco Sofa, Tables, Sri Lanka 1940.
- Jak, Teak & Ebony Art Nouveau Screen, Sri Lanka 1890.
- Gold Painted Replicas of 1920s French Heliconia Lights, Sri Lanka 2015.
- Mini Chandelier, Sweden, 1970.
- White Ceramic Pineapple Light, France, 1990.

The Dancing Elephant Family Suite

- Named for 3 elephants that lived here.
- *Waterfowl*, Woodcuts, Delhi, 1990.
- *Dancing Elephant*, a contemporary magic realism painting, Colombo, 2013.
- *Abstract Blue*, Painting, Rosic, Sweden 1973.
- 4-Poster Double Bed & Single 4-Poster Beds & Tables, Estate Mahogany, Sri Lanka 2018.
- Planters Chairs in Mahogany & Mara Wood, Sri Lanka 1970.
- Estate Mahogany Root Table, Sri Lanka 2018.
- Satinwood Almirah, Sri Lanka 1940.
- Coffee Table from a slice of estate Mahogany, Sri Lanka, 2018
- Gold Painted Replicas of 1920s French Heliconia Lights, Sri Lanka 2015.

Dining Room

- Teak & Burth Wood Dining Table & Chairs, Sri Lanka 1920.
- Nadun Occasional Chairs, Sri Lanka 1920.
- Jak Cabinet with Lotuses, Sri Lanka 1910.
- Glass Drinks Trolley, Geneva 1970.
- Estate Cocoa Pods Lights, Sri Lanka 2010.

- Ceramic Fruit Bowls, Jugs, Plates & Sculptures, Portugal & Sri Lanka 1990.
- Ceramic Green Pineapple Lights, France 1990.
- *Portrait of Patrick Falkman*, Sweden 1970.
- *Village Life by the Sea*, Painting by an Unknown Artist, Sri Lanka 1980.
- Artichoke Leaf Ceramic, Portugal 2000.
- White Ceramic Pineapple, France 2010.
- Daguerreotypes Pictures of Mr& Mrs Edward Engeström, Sweden 1840s.
- Oil Painting of Edward Engeström 1880s.
- *Shapes*, Ena De Silva Batik, Sri Lanka, 1990.
- Nadun Occasional Chairs, Sri Lanka 1920.

Entry Hall

- *Head of a Poet*, Madras Sculpture, 1992.
- *Flame Trees* Batik, Ena de Silva, Sri Lanka, 2009.
- Tamil Kovil Statue of a Dog, Jaffna 1930.
- Round Mahogany Table, Sri Lanka 2000.
- Burth Wood Bookcase, Sri Lanka 1890.
- Swedish Hall Chairs from The Engeström Palace, Malmo, Sweden 1900.
- Silver Plate, Sorbet Bowls and Champagne Goblets, Sweden 19th Century.
- Art Deco Silver Tea Services, France 1940.
- French Glass Pineapples, France 1990.
- Indian Water Jugs, Delhi 1970.
- Moghul Courtly Love Paintings, Delhi, 1970.

The Flying Squirrel Suite

- Named for the estate's giant flying squirrels.
- *Painting of a Dancer* by Kasun Chamara Wickramasinghe, Sri Lanka 2022.
- *Male Nude with Cat*, and *Female Nude with Cat*, Paintings by Chammika Jayawardena, Sri Lanka 2022.
- *Etchings, Soldiers & Antique Figures*, France 18th Century.
- *Fantastic Trees*, Woodcuts, Delhi, 1990.
- Side Table in China Teak, Shanghai 1970.
- Teak & Burth Bookcase, Sri Lanka 1930.
- 4-Poster Jak Double Bed, made from Estate wood, Sri Lanka 1890.
- Teak Bedside Tables, Sri Lanka 2017.
- Teak Easy Chairs, Sri Lanka 2010.
- Coffee Table from an Estate Mahogany Root, Sri Lanka 2016.
- Rangoon Teak Desk, Burma 1900.
- Jakwood Desk Chair, Sri Lanka 1960.
- Mahogany & Mara Planters Chairs, Sri Lanka 1970.
- Estate Mahogany Root Table, Sri Lanka 2018.
- Gold Painted Replicas of 1920s French Heliconia Lights, Sri Lanka 2015.
- Silver Metal New Moon Bowl, Dubai 2010.

Front Porch

- Mara Wood Easy Chairs, Sri Lanka 1970.
- Ebony Octagonal Table, Sri Lanka 1880.
- Dutch Coat of Arms, Sri Lanka 17th Century.
- Khan el-Khalili Chandelier, Egypt, 1990.
- Wooden Painted Flag Pole, Sri Lanka, 1930.

Front Veranda

- Mara Wood Sofas, Sri Lanka 1970.
- Kandian Lion Guardians, Sri Lanka, 1990.
- Auroville Indian Leaf Paintings, India 1980.
- Khan el-Khalili Chandeliers, Cairo, 1990.

The Hanging Monkey Family Suite

- Named after the estate's 5 sometime-waring families of *Toque Macaque Monkeys*.
- *Sea Creatures*, Woodcuts of, Delhi 1990
- 4-Poster Double Bed and Single 4-Poster Beds & tables, Estate Mahogany, 2018.
- Mahogany & Mara Planters Chairs, Sri Lanka 1970.
- Estate Mahogany Root Table, Sri Lanka 2018.
- Mahogany Easy Chairs, Sri Lanka 1990.
- Ebony & Burth Almirah Sri Lanka 1910.
- Chinese Lacquer Pot, Hong Kong 1960.
- Gold Painted Replicas of 1920s French Heliconia Lights, Sri Lanka 2015.
- Lifesize Monkeys, Barefoot, Colombo 2021

Hotel Office

- Tribal Paintings of Women, Gujarat, 1997.
- Buddhist Monastic Paintings, Leh 2009.
- Nadun Occasional Chairs, Sri Lanka 1920.

Inner Office

- Burma Teak Rolltop Desk, Sri Lanka 1920.
- Jak & Burth Bookcase, Sri Lanka 1960.
- Architectural Prints of The Engeström Palace, Malmo & Berlin, 1912.
- Calligraphic Drawings by Paul Antonio, H.M Queen Elizabeth II's Scribe, London 2018.
- Tribal Tapestry, North Vietnam 1970.
- Grosvenor Resisting Safe, Wolverhampton, UK 1930.
- *Mosey* by James Kennedy, Forslov, 2010.
- *Family Drawings & Photographs*, India, Middle East, Europe.
- *Margarethe Engeström, nee Eckhart*, oil painting, Malmo 1920s
- *Country Cathedral*, 19th C Etching, UK.
- *School Photographs*, Stowe, and Sutton Valence, 1970s.
- *Homage to Tolkien*, Drawing, UK, 1970.
- Benila Edwardian Mantelpiece Clock.
- Ängelholm Mantelpiece Clock, 1930s.
- *Biblical Sacrifice*, 19th C Etching, London.

- *A Hindu Plate*, silver, copper & bronze.
- *Florentine Terrace*, 19th C Print, London.
- *Spitfires*, prints, UK 1940s.
- *The Grenadier*, Palma de Mallorca.
- Daguerreotype Photograph of Max Engeström, 1920s.
- Nadun Occasional Chair, Sri Lanka 1920.

Inner Courtyard

- *David*, and *Man with Bird*, Paintings by Rajni Perera, Canada 2015.
- *Angels*, Painting, Kerela, India 19th Century.
- *Ziggerdy Flame Trees*, Batik by Ena de Silva, Sri Lanka 2009.
- *Trees*, watercolours, Chandriki, Sri Lanka 2020.
- Swedish Cabinet with Fantastical Jungle Reliefs, Malmo 1900.
- Mahogany Newspaper Rack, Sri Lanka 2018.
- Burth & Teak Trolley, Sri Lanka 1940.
- Mantelpiece Urns, Wales, 1890.
- Martian Bowl, Mark de la Torre, Stoke Lacey 1998.
- Damascene Box, Inlaid, Syria 1970.
- Ceramic Green Pineapple Light, France 1980.

Library

- 19th C Swedish Desk Chair.
- *Dove*, Painting by Inken Zoghbi Engeström, Geneva 1988.
- *Artichokes*, Painting by Inken Zoghbi Engeström, Hong Kong 1974.
- *Bastad Coastline*, Painting by Inken Zoghbi Engeström, Sweden 1980.
- *Still Life with Tomatoes*, Painting by Inken Zoghbi Engeström, Sweden 1974.
- Bird & Flower Watercolours by GM Henry for *Guide to Birds of Sri Lanka*, Sri Lanka 1955.
- *Watercolour Of A Hindu Temple*, Calcutta Fine Art Academy, India 1990.
- *Micky and Bianca* in the style of *Mr and Mrs Clark and Percy* by David Hockney by Thushara Illeperuma, Sri Lanka 2021.
- Illustrated Letter, Conrad Romyn, Cairo 1996
- *Chemin Fleur D'eaux, Villa Rivaria*, Painting by Ebba Ramen 1950.
- *Portrait II* by Sukanta Das, Calcutta 1990.
- *Ho Chi Mi*, Propaganda Poster, Hanoi 1960.
- Painted Rajasthani wood *Story Book*, with pull out leaves.
- White Metal Whirley Bowels, India 2000.
- Brass & Glass Oil Lamp, Sweden 1890.
- Glass Coffee Table, Geneva, 1970.
- Mahogany Map Drawers, Estate Wood, 2018.
- Chiming Clock, Ängelholm, Sweden, 1960.
- *Promenade Des Anglais*, Lithograph 45/50 by Marc Chagall.
- Bronze Buffalos, Beijing 1998.
- Sofa, Chairs & Table Set, Sri Lanka 1970.

- Estate Mango Wood Shelves, Sri Lanka 2012.
- Tintin Stamps, 1st Edition, France 2000.
- Estate Cocoa Pod Lights, Sri Lanka 2010.
- Horizontal Map of Ceylon, France 18th Century.
- Copper Tray, Afghanistan, 1970.
- Silver Lights, India, 1980.
- Diplomystus Fossil.
- Ceramic Animal statue, Sri Lanka, 2000 BC.
- Ebony & Satinwood table, Sri Lanka, 1930.

The Loving Leopards Penthouse

- Named after the county's king cat.
- *Portrait of a Boy*, Sri Lanka 1990.
- *Patient & Nurse*, Painted Wood Panel, Sri Lanka 1990.
- *Lady*, Painted Wood Panel, Sri Lanka, 1990
- *Horseman*, Glazed Panel, Iran 1950.
- Lithographs, Near Middle East, London 1890.
- Kandian Groom Embroidered Bridal Clothes, Hats & Shoes, Sri Lanka 2016.
- French Martine Map of South India, Ceylon, & Maldives 1839.
- Horizontal Map of Ceylon, France 18th Century.
- Map of India, London 1980.
- 19th century Dutch map of Sri Lanka.
- Ethnographical Photographs, Sri Lanka 1920.
- Painted Screen, Spain 1860.
- Pettegama Family Chest in Jak, Ebony & Mahogany, Sri Lanka 1890.
- Estate Mango Wood Table, Sri Lanka 2016.
- Table in China Teak, Hong Kong, 1970.
- Gold Painted Replicas of 1920s French Heliconia Lights, Sri Lanka 2015.
- Rajasthani bureau of drawers.
- *Islamic Rugs*, a thermographic print by Rima Farah, Bahrain 1979.
- Arched 1930s mirror, Sri Lanka.

The Mindful Mongoose Heritage Bedroom

- Named for the estate's *Mongoose*s
- 4-Poster Double Ebony Bed, Sri Lanka 1880.
- Teak Bedside Tables, Sri Lanka 2017.
- Ebony Throne Chairs, Sri Lanka, 1910.
- Ebony Day Bed, Sri Lanka, 1920.
- Hand Painted Family Chest, Skona 1849.
- Lacquered Cupboard, China 1940.
- Woodcuts of Fantastic Trees, Delhi, 1990.
- Lacquer Screen, Beijing, 1960.
- Silver Carved Pineapple Lights, London 2012.
- Art Deco Brass Bedside Lights, Sri Lanka 1940.
- *Lady L*, Poster of Paul Newman, Sophia Lauren, & David Niven, Hollywood 1960.
- *Kandy Courthouse*, Mixed Media Painting by Prasad Abu Bakr, Sri Lanka 2021.

Powder Room

- English Stained Glass, Oxford 2008.
- Prehistoric Fossil Basin, Morocco 1999.
- Child's Buffalo Toy, Cochin, 1970.

The Singing Civet Heritage Bedroom

- Named for the *Civet* that lived between the roof and the ceiling for months; raising her young and singing civet lullabies.
- *Marylin*, Lithograph, Andy Warhol, New York, 1963.
- *Beach Scene with Accessories*, Sri Lanka, 2009.
- *Windsurfers*, Watercolour Mixed Media Painting, Bahrain, 1986.
- *Walking Man*, Drawings, Oxford 2006.
- Mango wood Almirah, Sri Lanka, 1970.
- Jak sofa & chairs, Sri Lanka, 1990.
- Tribal Tapestry, North Vietnam 1960.
- Silver Carved Pineapple Lights, London 2012.
- Children's Papier-mâché Cows, Rajasthan 2007
- Mango wood Vase Tables, Sri Lanka 1980.
- Twisted Legged Colonial Tables, Sri Lanka 1920.
- Mahogany double 4-poster bed upholstered in Kashmiri white-on-white embroidery, Sri Lanka 1930.

Sitting Room

- *Lady*, Lithography 435/500 by Picasso.
- *Man & Beast* Painting, Jagath Ravindra, Sri Lanka 2008.
- *Girl with Flowers*, Sri Lanka 2021
- *Organic Green*, Painting by Gathika Wikramaratne, Sri Lanka 2022.
- *Shapes*, Painting, Dilini Paragahawaththage, Sri Lanka 2022.
- *Butterflies*, Ena de Silva Batik, Sri Lanka 2009.
- *The Dying Gaul*, 19th C Bronze Statue of an ancient Roman statue that was a copy of a lost Hellenistic sculpture, commissioned from Epigonus between 230 and 220 BC by Attalus I of Pergamon.
- *Tamil Temple Horses*, Jaffna, Sri Lanka 1940.
- *Phoenician Statues*, Lebanon 1990.
- *White Buffalo Heads*, Chettinad, India 1980.
- *Wooden Head of Deer*, Sri Lanka 1920.
- Nadu & Jakwood Card Table, Sri Lanka 1930.
- Jakwood Sunrise Armchairs, Sri Lanka 1920.
- Ebony & Burth Side Table, Sri Lanka 1930.
- Half Circle Tables, Estate Mahogany, Sri Lanka 2015.

- Mirrors-inlaid tables, Sri Lanka 2015.
- Almirah in Jak inlaid with Ebony Pineapples, Sri Lanka 1890.
- Almirah in Jak inlaid with Ebony Squares, Sri Lanka 1880.
- Pettegama Family Chest in Jak & Ebony, Sri Lanka 1870.
- Art Deco Circular Side Tables, Sri Lanka 1940.
- Jak and Colon Table, Sri Lanka 1890.
- Cut Glass Bowls, Orrefors & Kosta Boda, Sweden 1970.
- White Metal Plant Holder, Sri Lanka, 1940s.
- Ceramic Green Pineapple Light, France 1980.
- Ceramic Pumpkin Bowls, Portugal, 2010.
- Sunburst Mirror, France 1960
- Ceramic Green Pineapple Light, France 1980.
- Green Snowflake, Orrefors, Sweden 2020.
- Walnut Box
- Gold early 20th C Lamps, France, 1948
- Gold Painted Replicas of 1920s French Heliconia Lights, Sri Lanka 2015.

Stairwell

- *Life & Death*, Bengali Patachitra Scroll, 1970s.
- *Women*, Bengali Patachitra Scroll, 1970s.
- *Travelling*, Bengali Patachitra Scroll, 1970s.
- Bengali Patachitra Scroll of Floods, 1970s.
- *Village Life*, Bengali Patachitra Scroll, 1940s.
- *Musicians*, Ethiopian Goatskin Panel, 1970s.
- *Indian Rajas & Gentry* Photographs, North India, 19th Century.
- Ethnographical Photographs, Sri Lanka, 19th & early 20th Centuries.
- Family Portraits and Photographs.
- *Inken*, Portrait in crayon, 1980, Geneva
- *Mikael*, Photographic Portrait
- *David*, Portrait in charcoal, Dubai, 1979.
- Faces, Prints by Saskia Pintelon from her series *The Book of Faces*, Sri Lanka 2015.
- Lithographs of the King Emperors Edward VII & George V and Indian Raja, India 1910.

Treehouse Open Room

- *Green Geometry*: Batik, Ena de Silva, Sri Lanka 2008.
- Carved Elephant Wall-hanging, India 1990.
- *Lithographs*, by Eva Genbers, Sweden 2019.
- Croquet Set, England, 2021.
- Teak Rajasthani Door Table, 1950.
- Ayurveda Jakwood Dispenser Counter, 1930.
- Glass and Metal Chandeliers, Cairo, Marrakesh, Tangiers, and Damascus, 1999.
- Wall-hangings by Barefoot, Sri Lanka 2008.

PAMPER

Manicure & Pedicure

Revive your toes, fingers and nails with a 45 minute manicure or pedicure treatment with Chaminda, our on-call beautician. *Costs for a 45 minute session: \$35. Advance booking strongly recommended.*

Massage

Pummel away all tensions with a long massage under scented *Frangipani* trees, overlooking mountains, or in your bedroom. Both male and female masseuse are available. *Costs: \$40 for a 1 hour session. Advance booking strongly recommended.*

Music

A mellow curated 1,000 track Flame Tree Estate & Hotel playlist mixes French jazz with Russian folk, German Lieder & Scottish classical; Indian raga with Motown, pop & indie. Kick back; hum the familiar - and discover something new.

Physiotherapy

Tackle pains & problems with our on-call physiotherapist. *Cost for a 90 minutes session: \$40. Advance booking strongly recommended.*

Reiki

Reiki Master, Sapni Chathurya can help you discover Reiki, the alternative therapy that aids relaxation and channels universal energy known as ki - the same energy involved in tai chi exercise. Its energy healing helps to remove blocks in a similar way to acupuncture or acupressure. *Costs for a 45 minute session: \$45*

Shampoos & Soaps

Our shampoos, soaps and conditioners have been specially developed for us by Green Leaf Herbals, a pioneering local company whose products are environmentally friendly, alcohol, caffeine and animal ingredients certificated free.

Swimming

The Pool is open 24/7, shared with water-skimming *Swallows*.

Yoga

Bespoke 1-on-1 to 1-on-3 yoga sessions can be set up for you to enjoy in any part of The Flame Tree Estate & Hotel. *Costs for a 1 hour session: 1-on-1 \$30. 1-on-2 \$40. 1-on-3 \$50. Advance booking recommended.*

Noyel, our yoga expert with over 30 years' experience gained practicing many forms of yoga in Sri Lanka and India, will help you relocate your inner Zen.

Body & Mind Yoga sessions can also be booked with Sapni who has studied and practiced yoga in both its classical forms and as a therapy, understanding how it can help as much with the body as the mind, not least in such areas as insomnia, anxiety, and creativity.

Walks

A 30 minute circular walk through the estate; or a more ambitious 100 minute circular jungle walk (map provided).

Games

Old fashioned board games live in the library.

DINING & MENUS

Breakfast, Lunch and Dinner can be served in the Dining Room, Back Veranda, or Horseshoe Veranda.

*

Please let us know if you are celebrating a special occasion so that we can arrange for things to be exactly as you need them to be.

*

Dishes are served on white porcelain made in Sri Lanka by Norataki, enlivened by a range of 19th and early 20th century Swedish crockery.

*

Cutlery is 19th century Swedish silver plate.

*

Dinner Menus are changed daily, with a strongly vegetarian bias but always have a meat option too.

*

The Children's Menu and Lunch Menu is a feast of (mostly) virtuous comfort food.

*

Menus can be viewed at the back of this pack or online at flametreeestate.com/feast.

*

Our Butlers are on hand to take orders for any items.

Meal Times

Breakfast: 8am – 11.30.

Lunch: 11.30am - 6.30pm.

Dinner: 6.30pm - 9.30pm.

Please let us know any dietary red lines.

The Flame Tree Estate & Hotel

DRINKS MENU

JUICES & SODAS

Angelo's Mint Coconut Ale \$3.49
Coca Cola, Sprite, Ginger Beer, Soda \$1.49
Fresh Green Herb Lime Elixir \$1.49
Lime Juice \$1.49
Mango Milk \$2.99
Turmeric Pick-Me-Up \$2.99
Watermelon Mint Cooler \$2.99

COFFEE & CHOCOLATE \$3

Americano
Cappuccino
Espresso
Latte
Hot Chocolate

SRI LANKAN BLACK TEAS \$1.99

Nuwara Eilya
Ruhuna
Dimbulla
Uva
Uda Pussellawa
Sabaragamuwa
Kandy

HERBAL TEAS \$1.49

Fresh Mint
Fresh Lemongrass
Organic Chamomile
Organic Ginger Black
Organic Ginger Coriander
Organic Cinnamon Organic Moringa Organic Thebu

Please advise us of any food allergies as some items may contain traces of ingredients such as dairy, nuts etc to which some people may be allergic.

The Flame Tree Estate & Hotel

BREAKFAST MENU

Fruit

A Fresh Fruit Platter

*

Eggs

Fried, Plain or Chilli Scrambled, Poached

Served with Bacon, Herb Grilled Tomatoes, Mushrooms & Hash Browns

OR

Omelettes

Sri Lankan, Plain or Cheese

Served with Bacon, Herb Grilled Tomatoes, Mushrooms & Hash Browns

OR

Sentimental

Boiled Eggs

Served, of course, with Toast Soldiers

OR

Local

Egg Hoppers or Milk Rice *(for optimum milk rice, order 60 minutes before eating)*
Served with Coconut Sambal, Onion Sambal, Dhal Curry, or Potato Curry

*

A Choice of Sri Lankan Black Tea

Nuwara Eilya

Ruhuna

Sabaragamuwa

Kandy

Uda Pussellawa

Dimbulla

Uva

OR

Coffees

Cappuccino

Americano

Espresso

Latte

The Flame Tree Estate & Hotel

LUNCH MENU

SAVOURY

Couscous, Roasted Tomato & Herb Salad with Bell Pepper & Fried Cheese
Served with Fresh Bread Rolls \$7.99

*

Sun Soup of Carrot & Ginger with Roasted Chickpeas
Served with Fresh Bread Rolls \$5.99

*

Garden Glory Spaghetti
With Stringed Green Vegetables & Herbs \$7.99

*

Paneer Vegetable Kababs
With Pineapple Mango Salsa & Rice \$8.99

*

A Beefy Vegetarian Beetroot Burger
With Potato Wedges, Salad, and a Velvet Tomato Katsup \$8.99

*

Grilled Chicken Skewers
With Orange and Ginger on Couscous \$10.99

*

Seared Sailfish
With Potato Wedges & Velvet Tomato Katsup \$10.99

SWEET

Old Fashioned Tropical Banana Splits \$4.99

*

Luscious Curd & Kittel Honey \$2.99

*

Tropical Fruit Platter \$4.99

*

Homemade Vanilla & Chocolate Ice Cream \$4.99

Please advise us of any food allergies as some dishes may contain traces of ingredients such as diary, nuts etc to which some people may be allergic.

The Flame Tree Estate & Hotel

DINNER MENU

The Dinner Menu changes daily: please ask the Hotel Butlers to give you today's menu.
Pre-ordering dinner is recommended.

The Menu is built around 3 key courses: a Soup, a Mains
(Vegetarian or Non Vegetarian) and a Desert.

2 COURSES \$15.99 per person.

3 COURSES \$18.99 per person.

Appetizer, Sorbet and Curtains Lassi are served *gratis* with all meals.

Please advise us of any food allergies as some dishes may contain traces of ingredients such as dairy, nuts etc., to which some people may be allergic.

CHILDREN'S MENU

Pasta

Vegetarian Neapolitan Pasta With Tomato
\$5

Pizza

Tomato, Mozzarella & Pepper Pizza
\$5

Fish & Chips

Breaded White Sailfish
With Potato Wedges, Heinz Katsup & Mixed Salad
\$6

Grilled Chicken

With Mashed Potato, Steamed Vegetables, and a Cheese Sauce
\$9

Vegetable Club Sandwich

With French Fries & Salad
\$5

Crispy Fried Chicken

With Potato Wedges
\$7

The Flame Tree Estate & Hotel

TEA TASTING MENU

Our premium teas come from Amba, a social enterprise organic estate by the Ravana-Ella waterfalls. Applying traditional methods to heirloom tea bushes has made their artisanal teas famous in many of the world's nicest shops & restaurants.

All teas are served with Mini Cucumber sandwiches & Bibikkan, the traditional Sri Lankan coconut cake.

"Champagne" White Tea Stars

A favourite at Claridge's, AMBA's signature *White Tea*, is produced in small quantities. They pick the youngest buds, and, for tea stars, tie together 16 individual buds. The tea is a golden "champagne" colour with delicate, sweet floral & melon notes. *Served In A Martini Glass To Watch The Star Unfurl, with Hot Water Top Up. \$5 Per Person.*

Amba Golden Tips

Amba's rare *White Tea*. Pluckers select long buds which are gently dried, with no further processing, so retaining the purest flavours. The golden tips produce a delicate golden liquor & sweet floral flavours, with hints of honey & citrus notes. *A Pot Of Tea, Served In A Glass Teapot with Hot Water Top Up, in 19C Swedish Tea Cups. \$6.99 for 1-2 persons*

Hand-Rolled Tippy Golden Orange Pekoe with Tea Flowers

Tea is often mixed with jasmine, or roses, but no-one blends it with tea-flowers (as collecting them is expensive). AMBA pick & dry the flowers to blend with their *Hand-Rolled Tippy Golden Orange Pekoe* for an incredibly smooth tea, with heavenly honey & almond notes. *A Pot Of Tea, Served In A Glass Teapot with Hot Water Top Up, in 19C Swedish Tea Cups. \$5.99 for 1-2 persons*

Slow-Withered Pan-Roast Green

A unique part *Green* & part *Oolong* tea: Amba pluck 1 leaf & bud; then wither the leaves overnight; cook & roll them in a wok & kula basket, repeating until they are dry. Buttery caramel & citrus notes layer with soft vegetal & fruity peach accents with a hint of nutty mint. *A Pot Of Tea, Served In A Glass Teapot with Hot Water Top Up, in 19C Swedish Tea Cups. \$4.99 for 1-2 persons*

Sri Lankan Spiced Chai

AMBA blends their mini-rolled Broken Orange Pekoe with a magic combination of organic cinnamon, cloves, coriander, fennel, ginger, pepper & red chilli. For a distinctively Sri Lankan Chai, cardamom (which dominates Indian chai) is replaced with pepper. The resulting tea is redolent of mulled wine & makes a perfect hot chai. *Served Hot Or Iced In A Tall White Porcelain Mug. \$3 per Person*

Sri Lanka's 7 Black Teas

A tea tasting menu that takes you through Sri Lanka 7 tea distinctive tea districts. *Each Tea is Served In A Separate Glass Teapot with Hot Water Top Up, in 19C Swedish Tea Cups. \$8.99 for 1 to 2 persons*

~

Nuwara Eilya (6,000 ft +). Mountainous & frosty, this region makes the country's finest tea: subtle golden hues; delicate, fragrant bouquets.

~

Uva (4,000-6,000 ft). A remote district exposed to the NE & SW monsoons - especially the 'Cachan,' a drying cool July ocean wind that closes the leaves, concentrating their cell chemicals to yield a high balance of flavour - aromatic, mellow, & smooth.

~

Uda Pussellawa (5-6,000ft): Thinly populated, famed for rare plants & leopards, this hill country land is bombed by the NE Monsoon. The result is a strong flavoured dark tangy tea with a hint of rose.

~

Dimbulla (3,500-5,000 ft). A complex topography, cold nights, misty days, & the SW monsoon, combine to make the classic English Breakfast tea: clean, coppery red; full bodied, or delicate.

~

Kandy (2,000-4,000 ft). Kandy, where the tea industry began in 1867, produces a broad range of teas, bright, light, & coppery with good strength, flavour & body, heavily influenced by the cool dry weather of the first quarter of the year.

~

Sabaragamuwa, (0-2,500 ft). Home to sapphires, valleys, streams, & humid rainforest, & watered by the SW monsoon, to make a dark aromatic yellow-brown tea with hints of caramel.

~

Ruhuna 0-2,000 ft. From coastal plains to the Sinharaja Rain Forest; shielded from monsoons to make long, beautiful leaves that turn intensely black on withering for a strong, full-flavoured black tea.

Plantations, Buildings, Gardens, Roads & Paths at
The Flame Tree
Hotel & Estate

